

Dr Omnia Samra-Latif

Omnia Samra-Latif Estafan MD, MPH, FACOG, FAARM is a practicing board certified Gynecologist and a Fellow of the American Congress of Obstetricians and Gynecologists. Dr. Samra-Latif Estafan is also board certified in Anti-Aging and Regenerative Medicine and has completed her Fellowship in Anti-Aging and Regenerative Medicine. In addition, she is a Certified Menopause Practitioner as credentialed by the North American Menopause Society

During her last year of residency her interest in preventative medicine led her to pursue a Master's in Public Health at Johns Hopkins University. She continued to practice obstetrics and gynecology as she delved and honed her studies and use of bio-identical hormones. After years of practicing obstetrics and gynecology, Dr. Samra-Latif Estafan opened the doors of Hamilton Women's Health and Wellness in Hamilton, NJ, in 2010. She strongly follows her wellness model with the belief that disease prevention is crucial with a balance of hormones, nutrition, stress management and nutraceuticals. In addition, deterioration of the self in disease states can be prevented with this model.